

MiCAFE Can Help You Make Ends Meet

Senior citizens have worked hard and contributed to society all their lives. A new pilot project for Genesee County residents is helping make sure local seniors get the benefits they deserve later in life.

The Michigan Coordinated Access to Food for the Elderly (MiCAFE) project helps those age 60 and older with low and moderate incomes apply for the Food Assistance Program. The project makes it easier and faster for seniors to apply for benefits by having one-on-one personal, confidential help completing the application at one of several neighborhood sites in the Flint area – instead of going to a government office.

About 70 percent of eligible older adults have not applied for these benefits. For those who are eligible, the food benefit varies but averages around \$60 per month, or \$720 per year. Monthly food benefits can help seniors purchase items such as meats, fruits and vegetables, and can help free up money for other rising household costs like prescriptions and utilities. Once you apply and are found eligible, you'll be issued a debit-style card called a Bridge Card that can be used at most grocery stores (similar to an ATM card).

Contact one of the following locations to schedule an appointment with a MiCAFE assistant:

Burton Senior Center	Burton, MI	(810) 744-0960
Carman-Ainsworth Senior Ctr.	Flint, MI	(810) 732-6290
Clio Area Senior Center	Clio, MI	(810) 687-7260
Davison Senior Center	Davison, MI	(810) 658-1566
Eastside Senior Center	Flint, MI	(810) 250-5000
Flushing Area Senior Ctr.	Flushing, MI	(810) 659-4735
Grand Blanc Senior Center	Grand Blanc, MI	(810) 695-3202
Hasselbring Senior Center	Flint, MI	1-877-664-2233
Krapohl Senior Center	Mt. Morris, MI	(810) 785-2270
Retired and Senior Volunteer Program	Flint, MI	(810) 760-1092
Spanish Speaking Information Center	Flint, MI	(810) 239-4417
Valley Area Agency on Aging	Flint, MI	(810) 239-7671 ext. 221/243
Mount Tabor Baptist Church	Flint, MI	(810) 232-3262

To get more information about the MiCAFE project, call toll free 1-877-664-2233.